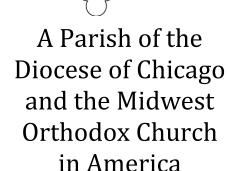
Protection of the Virgin Mary

Orthodox Church





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Great Vespers: 6pm Saturdays

Divine Liturgy: 10am Sundays

Confession is available before or after Vespers or by appointment

Welcome visitors! Please join us in the parish hall after Divine Liturgy for coffee hour.

March 20, 2022

2nd Sunday of Great Lent: St. Gregory Palamas

On Sundays in Great Lent we celebrate the Divine Liturgy of St. Basil the Great, found on pg. 101 of the black Divine Liturgy Book

Saint Gregory Palamas, Archbishop of Thessalonica, was born in the year 1296 in Constantinople. St Gregory's father became a prominent dignitary at the court of Andronicus II Paleologos (1282-1328), but he soon died, and Andronicus himself took part in the raising and education of the fatherless boy. Endowed with fine abilities and great diligence, Gregory mastered all the subjects which then comprised the full course of medieval higher education. The emperor hoped that the youth would devote himself to government work. But Gregory, barely twenty years old, withdrew

to Mount Athos in the year 1316 and became a novice in the Vatopedi monastery. There he was tonsured and began on the path of asceticism. A year later, the holy Evangelist John appeared to him in a vision and promised him his spiritual protection.

St Gregory spent several years learning the ascetic life on the holy mountain at both Vatopedi and the Lavra of St Athanasius. Eventually he settled in the small skete of Glossia, striving for a greater degree of spiritual perfection. The head of this monastery began to teach the young man the method of unceasing prayer and mental activity, which had been cultivated by monastics, beginning with the great desert ascetics of the fourth century. The experienced use of mental prayer (or prayer of the heart), requiring solitude and quiet, is called "Hesychasm" (from the Greek "hesychia" meaning calm, silence), and those practicing it were called "hesychasts." During his stay at Glossia the future hierarch Gregory became fully embued with the spirit of hesychasm and adopted it as an essential part of his life. In the year 1326, because of the threat of Turkish invasions, he and the brethren retreated to Thessalonica, where he was ordained to the holy priesthood. In 1331 the saint withdrew again to Mt. Athos and lived in solitude at the skete of St Savva. In 1333 he was appointed Igumen (abbot) of the Esphigmenou monastery, but in 1336 the saint returned to the skete of St Savva, where he devoted himself to theological works, continuing with this until the end of his life.

About the year 1330 the learned monk Barlaam arrived in Constantinople from Calabria, Italy. He was the author of treatises on logic and astronomy, a skilled and sharp-witted orator, and he received a university chair in the capital city. Soon Barlaam visited Mt. Athos, where he became acquainted with the spiritual life of the hesychasts. Saying that it was impossible to know the essence of God, he declared mental prayer a heretical error. Barlaam entered into disputes with the monks and attempted to demonstrate the created, material nature of the light of Tabor (at the Transfiguration). He ridiculed the teachings of the monks about the methods of prayer and about the uncreated light seen by the hesychasts.

Towards the year 1340 the Athonite ascetics, with the assistance of St. Gregory, compiled a response to the attacks of Barlaam, called the "Hagiorite Tome." At the Constantinople Council of 1341 St Gregory debated with Barlaam, focusing on the nature of the light of Mount Tabor. The Council accepted the position of St Gregory, that God, unapproachable in His Essence, reveals Himself

through His energies, which are directed towards the world and are able to be perceived, like the light of Tabor, but which are neither material nor created. The teachings of Barlaam were condemned.

In 1347 St Gregory was made Archbishop of Thessalonica, where he performed many miracles before his death, healing those afflicted with illness. St Gregory Palamas fell asleep in the Lord on November 14, 1359.

HYMNS OF THE DAY

Tone 6 - Resurrectional Troparion

Let <u>us</u>, the faithful, praise and <u>wor</u>ship the Word, co-eternal with the Father and the <u>Spirit</u>, <u>born</u> for our salvation from the <u>Virgin</u>; for <u>He</u> willed to be lifted up on the <u>Cross</u> in the flesh, to en<u>dure</u> death, and to <u>raise</u> the dead// by His <u>glorious</u> Resur<u>rection</u>.

Tone 4 – Patronal Troparion

Today the faithful celebrate the <u>feast</u> with joy, il<u>lum</u>ined by your coming, O <u>Mo</u>ther of God. Beholding your pure image we fervently <u>cry</u> to you: En<u>comp</u>ass us beneath the precious veil of your pro<u>tec</u>tion. Deliver us from every form of <u>e</u>vil by en<u>treating</u> Christ, your <u>Son</u> and our God// that He may <u>save</u> our souls.

Tone 8 – Troparion for St. Gregory

O light of <u>Orthodoxy</u>, <u>teach</u>er of the Church, its confir<u>ma</u>tion,
O ideal of <u>monks</u> and in<u>vin</u>cible champion of theo<u>logians</u>,
O wonder<u>work</u>ing <u>Gregory</u>, glory of Thessalonica and <u>preach</u>er of grace,//
always inter<u>cede</u> before the <u>Lord</u> that our <u>souls</u> may be saved!

Tone 4 - Kontakion for Great Lent

Now is the time for <u>action!</u>
<u>Judgment is at the doors!</u>
So let us <u>rise</u> and fast,
offering alms with tears of compunction and <u>cry</u>ing:
"Our sins are more in number than the <u>sands</u> of the sea;
but forgive us, O <u>Mas</u>ter of all,//
so that we may receive the incor<u>rupt</u>ible crowns!"

Tone 8 – Kontakion for St. Gregory

Holy and di<u>vine in</u>strument of <u>wis</u>dom, joyful trumpet <u>of</u> the<u>ol</u>ogy, together we <u>sing</u> your <u>praises</u>, O God-inspired <u>Gregory</u>. Since you now <u>stand</u> be<u>fore</u> the Original Mind, guide our minds to Him, O <u>Fa</u>ther,// so that we may <u>sing</u> to <u>you</u>: "Rejoice, <u>preacher</u> of grace!"

Tone 3 - Patronal Kontakion

Today the Virgin stands in the midst <u>of</u> the Church, And with choirs of saints she invisibly prays to <u>God</u> for us. Angels and bishops <u>wor</u>ship. Apostles and prophets rejoice to<u>ge</u>ther,// Since for our <u>sake</u> she <u>prays</u> to the eternal God.

SCRIPTURE READINGS

Tone 5 - Prokeimenon for the 2nd Sunday (Psalm 11)

You, O Lord, shall protect us and preserve us from this generation forever!

Tone 1 – Prokeimenon for St. Gregory (Psalm 48)

My mouth shall speak wisdom; the meditation of my heart shall be understanding!

Epistle: Hebrews 1.10 – 2.3 (Sunday)

Brethren: God says of the Son, "You, Lord, in the beginning laid the foundation of the earth, and the heavens are the work of Your hands. They will perish, but You remain; and they will all grow old like a garment; like a cloak You will fold them up, and they will be changed. But You are the same, and Your years will not fail."

But to which of the angels has He ever said: "Sit at My right hand, till I make Your enemies Your footstool"? Are they not all ministering spirits sent forth to minister for those who will inherit salvation? Therefore, we must give the more earnest heed to the things we have heard, lest we drift away. For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward, how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard Him?

Hebrews 7.26 – 8.2 (St. Gregory)

Brethren: Such a High Priest was fitting for us, who is holy, harmless, undefiled, separate from sinners, and has become higher than the heavens; who does not need daily, as those high priests, to offer up sacrifices, first for his own sins and then for the people's, for this He did once for all when He offered up Himself. For the law appoints as high priests men who have weakness, but the word of the oath, which came after the law, appoints the Son who has been perfected forever.

Now this is the main point of the things we are saying: We have such a High Priest, who is seated at the right hand of the throne of the Majesty in the heavens, a Minister of the sanctuary and of the true tabernacle which the Lord erected, and not man.

Gospel: Mark 2.1-12 (Sunday)

At that time, Jesus entered Capernaum, and it was heard that He was in the house. Immediately many gathered together, so that there was no longer room to receive them, not even near the door. And He preached the word to them. Then they came to Him, bringing a paralytic who was carried by four men. And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying.

When Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven you."

And some of the scribes were sitting there and reasoning in their hearts, "Why does this Man speak blasphemies like this? Who can forgive sins but God alone?"

But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, "Why do you reason about these things in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven you,' or to say, 'Arise, take up your bed and walk'? But that you may know that the Son of Man has power on earth to forgive sins" – He said to the paralytic, "I say to you, arise, take up your bed, and go to your house."

Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, "We never saw anything like this!"

John 10.9-16 (St. Gregory)

Jesus said to His disciples: "I am the door. If anyone enters by Me, he will be saved, and will go in and out and find pasture. The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly. I am the good shepherd. The good shepherd gives His life for the sheep. But a hireling, he who is not the shepherd, one who does not own the sheep, sees the wolf coming and leaves the sheep and flees; and the wolf catches the sheep and scatters them. The hireling flees because he is a hireling and does not care about the sheep. I am the good shepherd; and I know My sheep, and am known by My own. As the Father knows Me, even so I know the Father; and I lay down My life for the sheep. And other sheep I have which are not of this fold; them also I must bring, and they will hear My voice; and there will be one flock and one shepherd."

WE REMEMBER IN PRAYER

New Dep. Jove Avramoski William Koveck

Helen Homyk

Milica Djankovich

Joseph Exl

Ev.Mem. Paul Dotskow ('32)

John Dorochov ('32)

John Wolek ('34)

Katharine Pritiskach ('47)

Daniel Pilnock ('55)

Theodore Ratzik ('56)

Josephine Alexeychuk ('72)

John Mulesky ('80)

Alexander Nedanovich ('88)

Health & Salv.

Archpr. Peter

Mat. Anne Pr. Christopher

Mat. Jennifer

Andrew

Gideon Kevin

Jon

Tanya Jovan

Tom

Jennifer

Larry

Rollie

Joseph

Nadia

Mark

Jerry

Joseph

Linda

Claudia

Ryan Nathan

Kara

Dominic

Declan

Hudson

Ayden

Hyland

Jason Ted James

Pamela

Alexander

Ronald

Ken

William

Wanda

Ivanka Aaron

Karen

Sandra

Linda

Jim

John

Martha

Mark

Michelle Mary Ann Vadim Irene Robb Hanna

Michelle Desiree Helen Maria

Erika Hanna Alex Luke Jaroslava Carl

Jo Andrew Stephanie Andrew

Special Petitions at the Augmented Litany:

We pray, O Lord our God, for all those who suffer from acts of war, especially for the victims in Ukraine. We pray for Your peace and Your mercy in the midst of the great suffering of Your people. Vouchsafe to accept the prayers of the Church, so that by Your goodness, peace may return to all peoples; O Lord, hear us and have mercy.

We also pray You, O Lord our God, to remember and have mercy on our Orthodox brothers and sisters in Russia and Ukraine, who are involved in violent conflict. Remove from their midst all hostility, confusion and hatred. Lead everyone along the path of reconciliation and peace, we pray You, hear us and have mercy.

ANNOUNCEMENTS

His Eminence **Archbishop Paul was diagnosed with Multiforme Glioblastoma**, an aggressive, incurable brain cancer. The clergy and faithful of the diocese are asked to increase their prayers for His Eminence during this trying time.

The first **Deanery Lenten Sunday Vespers** will be celebrated tonight at Sts Peter and Paul Church in Burr Ridge, IL at 6pm. **Our parish** will host the deanery for Vespers on Sunday, April 3 and serve a dinner following. Please have a look at the sign-up sheet in the Narthex with needed supplies, and see if you can help that evening.

The movie **Man of God**, based on the life of **St. Nectarios of Aegina**, is showing in our area the evening of March 21 at AMC in Schererville and on both March 21 and 28 at Cinemark in Valparaiso.

Order forms for the **Pascha Bake Sale** are available in the Narthex. Orders are due Wednesday, April 6. Pick up will be Sunday, April 10.

^{*} If a name was removed from the prayer list prematurely, or you know someone who needs prayer, please give their name to Fr Jacob

On Monday, April 11 we will hold another **prosphora baking tutorial** for anyone interested in learning how to make the communion bread. Baking starts at 10am, followed by lunch for all present. Please let Fr Jacob know if you plan to be there, so we can make sure to have enough supplies. Everything will be provided.

During Great Lent, Orthodox Christians make more time for prayer, deny themselves rich and satisfying foods (meat, dairy, fish), and find opportunities to help those in need (almsgiving). They also examine their consciences and repent of their sins before the Lord in the Sacrament of Confession. Confession is always available before or after evening services. You can also make an appointment with Fr Jacob any time, including before Sunday Liturgies, if necessary.

Mark your calendars:

- Mar 20: **Deanery Lenten Vespers** at Sts. Peter and Paul Orthodox Church in Burr Ridge, IL @ 6pm (meal to follow)
- Mar 22: Moleben for Peace in Ukraine @ 10am
- Mar 23: Presanctified Divine Liturgy @ 6pm (Lenten potluck after)
- Mar 25: **Divine Liturgy for the Feast of Annunciation** @ 10am **Blood Drive** 12p-6p
- Mar 27: **Deanery Lenten Vespers** at Holy Resurrection Orthodox Church in Palatine, IL @ 6pm (meal to follow)
- Apr 2: Memorial Divine Liturgy at St. Mary's cemetery @ 10am
- Apr 3: Our Parish hosts **Deanery Lenten Vespers** @ 6pm (meal to follow)
- Apr 7: Great Canon and the Life of St. Mary of Egypt @ 10am
- Apr 9: **Annual Church Spring Cleaning** @ 9a (lunch provided)
- Apr 11: **Prosphora Baking** Class @ 10am

Last week's gifts to the Lord: \$3,340

Glory to God for all things!