



Protection of the Virgin Mary Orthodox Church

OUR SUNDAY BULLETIN

February 28

2nd Sunday of Great Lent
St Gregory Palamas



Protection of the Virgin Mary

8600 Grand Blvd.
Merrillville, IN 46410
(219) 947-4748 (Church)
(219) 730-4698 (Hall Rental)

Great Vespers
Saturday - 4 PM
Feast Days - 7 PM
Divine Liturgy
Sunday - 9:45 AM
Feast Days - 9 AM
Sunday Adult class 9Am
Children's classes after liturgy

Fr. Peter Bodnar, Rector

Fr. Christopher Sarafin

All services in English

A parish of the
Orthodox Church in America
Ptv.com



Tone 5 Troparion (Resurrection)
Let us, the faithful, praise and worship the Word,
co-eternal with the Father and the Spirit,
born for our salvation from the Virgin;
for He willed to be lifted up on the Cross in the flesh,
to endure death,
and to raise the dead//
by His glorious Resurrection.

Tone 8 Troparion (St Gregory Palamas)
O light of Orthodoxy, teacher of the Church, its confirmation,
O ideal of monks and invincible champion of theologians,
O wonderworking Gregory, glory of Thessalonica and
preacher of
grace,//
always intercede before the Lord that our souls may be
saved!

Tone 4 Kontakion (from the Lenten Triodion)
Now is the time for action!
Judgment is at the doors!
So let us rise and fast,
offering alms with tears of compunction and crying:
"Our sins are more in number than the sands of the sea;
but forgive us, O Master of all,//
so that we may receive the incorruptible crowns!"

Today's commemorated feasts
and saints...

SECOND SUNDAY OF LENT —
Tone 5. St. Gregory Palamas.
Ven. Basil the Confessor,
Companion of Ven. Procopius at
Decapolis (750). Bl. Nikolai, Fool-
for-Christ at Pskov (1576).
Hieromartyr Proterius, Patriarch of
Alexandria (457). Hieromartyr
Nestor, Bishop of Magydos in
Pamphylia (250). Ven. Marina
(Marana), Cyra (Kira) and
Domnica (Domnina), of Syria (ca.
450). Ven John Cassian the
Roman (435)

Tone 8 Kontakion (St Gregory Palamas)
Holy and divine instrument of wisdom,
joyful trumpet of theology,
together we sing your praises, O God-inspired Gregory.
Since you now stand before the Original Mind, guide our
minds to Him,
O Father,//
so that we may sing to you: "Rejoice, preacher of grace!"

Tone 5 Prokeimenon
You, O Lord, shall protect us and preserve us from this
generation forever.
(Ps 11/12:7)
v: Save me, O Lord, for there is no longer any that is godly.
(Ps 11/12:1)

Tone 1 Prokeimenon (for St Gregory)
My mouth shall speak wisdom, the meditation of my heart
shall be understanding. (Ps 48/49:3)

Tone 5 Alleluia, Alleluia, Alleluia!
v: I will sing of Your mercies, O Lord, forever; with my
mouth I will proclaim Your truth from generation to
generation. (Ps 88/89:1)
v: For You have said: "Mercy will be established forever;
My truth will be prepared in the heavens." (Ps 88/89:2)
Tone 1 (Triodion)
v: The mouth of the righteous shall meditate wisdom, and
his tongue shall speak of judgment. (Ps 36/37:30)

Readings for February 28, 2010

Hebrews 1:10-2:3 (Epistle)

10And: "You, LORD, in the beginning laid the foundation of the earth, And the heavens are the work of Your hands.**11**They will perish, but You remain; And they will all grow old like a garment;**12**Like a cloak You will fold them up, And they will be changed. But You are the same, And Your years will not fail."**13**But to which of the angels has He ever said: "Sit at My right hand, Till I make Your enemies Your footstool"?**14**Are they not all ministering spirits sent forth to minister for those who will inherit salvation?**1**Therefore we must give the more earnest heed to the things we have heard, lest we drift away.**2**For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward,**3**how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard Him,

Hebrews 7:26-8:2 (Epistle, Saint)

26For such a High Priest was fitting for us, who is holy, harmless, undefiled, separate from sinners, and has become higher than the heavens;**27**who does not need daily, as those high priests, to offer up sacrifices, first for His own sins and then for the people's, for this He did once for all when He offered up Himself.**28**For the law appoints as high priests men who have weakness, but the word of the oath, which came after the law, appoints the Son who has been perfected forever.**1**Now this is the main point of the things we are saying: We have such a High Priest, who is seated at the right hand of the throne of the Majesty in the heavens,**2a** Minister of the sanctuary and of the true tabernacle which the Lord erected, and not man.

Mark 2:1-12 (Gospel)

1And again He entered Capernaum after some days, and it was heard that He was in the house.**2**Immediately many gathered together, so that there was no longer room to receive them, not even near the door. And He preached the word to them.**3**Then they came to Him, bringing a paralytic who was carried by four men.**4**And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying.**5**When Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven you."**6**And some of the scribes were sitting there and reasoning in their hearts,**7**Why does this Man speak blasphemies like this? Who can forgive sins but God alone?**8**But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, "Why do you reason about these things in your hearts?**9**Which is easier, to say to the paralytic, 'Your sins are forgiven you,' or to say, 'Arise, take up your bed and walk'?**10**But that you may know that the Son of Man has power on earth to forgive sins-He said to the paralytic,**11**I say to you, arise, take up your bed, and go to your house.**12**Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, "We never saw anything like this!"

John 10:9-16 (Gospel, Saint)

9I am the door. If anyone enters by Me, he will be saved, and will go in and out and find pasture.**10**The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.**11**I am the good shepherd. The good shepherd gives His life for the sheep.**12**But a hireling, he who is not the shepherd, one who does not own the sheep, sees the wolf coming and leaves the sheep and flees; and the wolf catches the sheep and scatters them.**13**The hireling flees because he is a hireling and does not care about the sheep.**14**I am the good shepherd; and I know My sheep, and am known by My own.**15**As the Father knows Me, even so I know the Father; and I lay down My life for the sheep.**16**And other sheep I have which are not of this fold; them also I must bring, and they will hear My voice; and there will be one flock and one shepherd.

Commemorated on February 28

Saint Gregory Palamas, Archbishop of Thessalonica, was born in the year 1296 in Constantinople.

His father became a prominent dignitary at the court of Andronicus II Paleologos (1282-1328), but he soon died. Andronicus himself took part in the raising and education of the fatherless boy. Gregory mastered all the subjects which then comprised the full course of medieval higher education. The emperor hoped that the youth would devote himself to government work. But Gregory, barely twenty years old, withdrew to Mount Athos in the year 1316. He became a novice in the Vatopedi monastery under the guidance of the monastic Elder St Nicodemus of Vatoped. Gregory was tonsured and began on the path of asceticism. A year later, the holy Evangelist John the Theologian appeared to him in a vision and promised him his spiritual protection. Gregory's mother and sisters also became monastics.

Later. Gregory transferred to the Lavra of St Athanasius where he served in the trapeza, and then became a church singer. After three years, he resettled in the small skete of Glossia, striving for a greater degree of spiritual perfection.

The head of this monastery began to teach the young man the method of unceasing prayer and mental activity, which had been cultivated by monastics, beginning with the great desert ascetics of the fourth century: Evagrius Pontikos and St Macarius of Egypt .

During his stay at Glossia Gregory became fully imbued with the spirit of hesychasm and adopted it as an essential part of his life.

In the year 1326, because of the threat of Turkish invasions, he and the brethren retreated to Thessalonica, where he was then ordained to the holy priesthood. St Gregory combined his priestly duties with the life of a hermit.

In the 1330s events took place in the life of the Eastern Church which put St Gregory among the most significant universal apologists of Orthodoxy, and brought him great renown as a teacher of hesychasm.

St Gregory, wrote, at the request of the Athonite monks, "Triads in Defense of the Holy Hesychasts" (1338).

St Gregory performed many miracles in the three years before his death, healing those afflicted with illness. On the eve of his repose, St John Chrysostom appeared to him in a vision. With the words "To the heights! To the heights!" St Gregory Palamas fell asleep in the Lord on November 14, 1359. In 1368 he was canonized at a Constantinople Council under Patriarch Philotheus (1354-1355, 1364-1376), who compiled the Life and Services to the saint.

ANNOUNCEMENTS FOR SUNDAY....February 28, 2010

SUNDAY 28 9am Adult Class,,9:45 3rd Hour, 10am Divine Liturgy followed by Church School,

WEDNESDAY 3 5:15 Confessions 6pm Presanctified Liturgy followed by Lenten potluck

FRIDAY 5 7pm Akathist

SATURDAY 6 4pm Great Vespers & Confessions

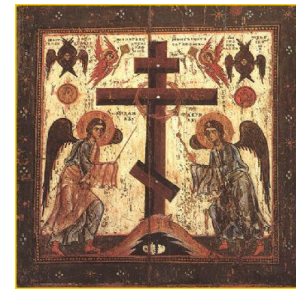
Request from the pews

If anyone has a 35MM slide viewer we can borrow, please see

Helen Campbell or Mike Shendrick

Commemorated on March 7, next Sunday

The Third Sunday of Lent is that of the Veneration of the Cross.



Please join us for the O Club's Annual

Soup & Salad Luncheon

All you can eat buffet !!

Next Sunday March 7 - 12:00 pm (after Divine Liturgy)

Adults \$ 8 or 2 for \$ 15

Teens (13-19) \$3

Children (12 and under) FREE

ADMIT ONE

For Tickets contact Carol Kane (219-730-7295)

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(219) -947-4748 www.ptvm.com

all proceeds benefit the church and or the church mortgage fund

email bulletin items to ptvmchurchgrowth@live.com